

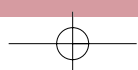
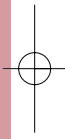
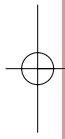
CANADIAN
FOUNDATION
FOR DIETETIC
RESEARCH

LA FONDATION
CANADIENNE
DE LA RECHERCHE
EN DIÉTÉTIQUE

2001 ANNUAL REPORT

MISSION

Our way of contributing to the protection and promotion of health for all Canadians is to support and challenge dietitians to include research in their everyday practice.





Doryme Peace
CFDR PRESIDENT
2001 - 2002

*The test of any civilization,
to paraphrase Samuel Johnson,
is how it cares for its citizens.*

*Members of the Canadian
Foundation for Dietetic
Research can take pride
in the fact that we have
advanced our mission of
fostering and supporting
practice-based dietetic research
and, because of our actions,
Canada is becoming a better,
healthier place to live.*



Dr. Stephen Scherer



PRESIDENT'S REPORT

The test of any civilization, to paraphrase Samuel Johnson, is how it cares for its citizens. Members of the Canadian Foundation for Dietetic Research can take pride in the fact that we have advanced our mission of fostering and supporting practice-based dietetic research and, because of our actions, Canada is becoming a better, healthier place to live.

What we do may not always make newspaper headlines, but it makes a difference in many Canadians' quality of life. Small steps are important, and the CFDR has taken many in the last twelve months. And some big ones, too!

Genes Day at Work, our annual donor educational event, held in early February and co-hosted by Dietitians of Canada, featured stimulating presentations by several speakers. We were delighted to learn that research by keynote speaker Dr. Stephen Scherer led to the discovery of another sequence of the human genome. And that did make headlines - in *The Globe and Mail*, Canada's national newspaper, the week after the forum. Supporting Dr. Scherer's presentation were Laura Kalina and Stephanie Cook, CFDR grant recipients who spoke of their research projects, and predicted how their practice would be adjusted as a result of human genome discoveries.



*Laura Kalina and
Stephanie Cook*

Another speaker, Dr. Diane Finegood, Scientific Director of the Canadian Institutes for Health Research, Institute of Nutrition, Metabolism and Diabetes, encouraged participants to sit down at the networking tables and brainstorm about new ways the Institute could support research initiatives in the dietetic community.

Her enthusiastic audience came up with many ideas, some of which are already being acted upon. For example, getting key members of Canadian dietetic and nutrition organizations together for a workshop

to identify important issues that should be given high priority on the Institute's strategic research agenda.

Research Grants Awarded at Annual Meeting

Recipients of the 2001 competition were announced at the Dietitians of Canada annual meeting in Winnipeg: seven dietitians and their teams, investigating a wide variety of topics, will receive \$100,000 of funding from CFDR to undertake practice-based dietetic research. A special competition for \$50,000 to study the attitudes and practices of dietitians on obesity and weight management was awarded to Dr. Ryna Levy Milne and her team from the University of British Columbia.

The research proposals that CFDR funded in 2001 continue to reflect the diversity of the profession. The discoveries from these projects will make valuable contributions to the dietetic profession.

The CFDR board has earmarked \$100,000 for the 2002 competition.

Together Advancing Nutrition

The Foundation's 2001 fundraising activities, to raise \$600,000, will result in its ability to award \$140,000 in grants by 2003, and, at the same time, maintain the endowment fund. The Fundraising Team has reached 80% of the goal, and remains confident that the goal will be reached in the coming months.

Mike Hill, General Manager of Novartis Nutrition Corporation, spearheaded the campaign, which began in January 2001. A longtime supporter of CFDR and DC, Mike believes that by becoming partners in research, corporate donors help ensure that dietitians continue to be one of the most trusted sources of evidence-based information about food and nutrition.

While corporate partners generously provided the lion's share of funds raised, members of Dietitians of Canada (DC) played a vital part as well. With a goal of \$100,000 over the next three years, a members campaign was launched at the annual conference in Winnipeg. Coupled with the commitments made previously by members with their DC membership renewal in April, almost \$40,000 has been raised via pledges as well as a silent auction, two golf tournaments and a generous donation from the DC Business and Industry Network.

Partnerships

A partnership with the Canadian Society of Nutritional Science (CSNS) evolved during the year. The Canadian Inventory of Dietetic Activities in Research (CIDAR), found at www.dietitians.ca, received enthusiastic reviews from CSNS, which adopted this web-based database as a resource on their Web site. The launch is being planned for the coming months. This will increase awareness and access to the research of the Canadian nutrition and dietetic community.

Research and Research Communications

Research Day, one of the highlights of this year's Dietitians of Canada annual conference, introduced a new session "Meet the Researcher". The objective was to help demystify the research experience for new researchers. This session provided the opportunity for novice researchers to meet with seasoned researchers. Participants applauded the outcomes of this session and left full of enthusiasm to start their research endeavours. The poster and oral presentations again offered an opportunity for dietitians to profile their research activities and demonstrate the diversity of our profession.

During the year CFDR facilitated the participation of almost 70 dietitians in a multi-centre research study that investigated nutrition support of patients in Critical Care Units across Canada. Dr. Daren Heyland, Kingston General Hospital and Deborah Schroter-Noppe, RD spearheaded the research. Results of this research will be used to identify the research gaps in critical care nutrition support and provide insight, through multi-disciplinary discussions, about how to achieve evidence-based best practice.

The Foundation is pleased to take our place in promoting and supporting advancements in science and the application of science towards evidence-based practice and health of our population. Advancing our mission of fostering and supporting practice-based dietetic research across the country is not possible without the support of our partners, volunteers and dedicated staff, to whom we are greatly indebted.

CORPORATE DONORS

CFDR gratefully acknowledges the support of corporations who have demonstrated their leadership in the industry through renewed support of the Foundation.

* donations pledged over 5 years

FOUNDER

(\$125,000+)

Dairy Farmers of Canada
Dietitians of Canada
Kraft Canada Inc.
Novartis Nutrition Corporation

BENEFACTOR

(\$75,000+)

SPONSOR

(\$50,000+)

Campbell Soup Company Ltd
Compass Group
Monsanto Canada
Nestlé Nutrition
Unilever Canada Limited

PATRON

(\$25,000+)

Abbott Laboratories Limited,
Ross Product Division
Aramark Canada Ltd.
Canadian Egg Marketing Agency
Coca-Cola Ltd.
Kellogg Canada Inc.
Mead Johnson Nutritionals
The McCain Foundation
Neilson Dairy

CANADIAN FOUNDATION FOR DIETETIC RESEARCH CONDENSED BALANCE SHEET AS AT AUGUST 31, 2001

		2001	2000
Assets	• Cash and investments	\$1,552,768	\$1,425,297
	• Accrued interest and other receivables	18,083	8,072
	• Capital assets	-	-
		<u>1,570,851</u>	<u>1,433,369</u>
Liabilities	• Accounts payable and accrued liabilities	144,215	20,784
	• Due to Dietitians of Canada	1,804	2,624
		<u>146,019</u>	<u>23,408</u>
	Balance of funds	<u>1,424,832</u>	<u>1,409,961</u>

CONDENSED STATEMENT OF REVENUE, EXPENSES AND BALANCE OF FUNDS YEAR ENDED AUGUST 31, 2001

Revenue	• Donations - corporate	168,797	80,200
	• Donations - members of Dietitians of Canada	31,664	20,176
	• Investment income	91,899	94,034
	• Other income	4,577	108
		<u>296,937</u>	<u>194,518</u>
Expenses	• Research awards	136,204	108,274
	• Research communications	39,762	25,518
	• Fundraising	41,925	30,381
	• Governance	32,110	26,803
	• Administration	32,065	35,403
	<u>282,066</u>	<u>226,379</u>	
Excess of revenue over expenses for the year		14,871	(31,861)
Balance of funds - at beginning of year		1,409,961	1,441,822
Balance of funds - at end of year		<u>\$1,424,832</u>	<u>\$1,409,961</u>

Note: Certain 2000 comparative figures have been reclassified to conform with financial statement presentation adopted for the current year. A complete set of audited financial statements is available from the Foundation on request.

AUDITORS' REPORT

TO THE MEMBERS OF CANADIAN FOUNDATION FOR DIETETIC RESEARCH

We have audited the financial statements of Canadian Foundation for Dietetic Research as at August 31, 2001 in accordance with generally accepted auditing standards. In common with many charitable organizations, the Foundation derives revenue from donations which are not susceptible of complete audit verification. Accordingly our audit report, dated September 28, 2001, was qualified with respect to the completeness of donation revenue. Except for our reservation in this regard, in our opinion the information contained in the accompanying condensed financial statements is consistent with the financial statements from which it is derived.

Toronto, Ontario
September 28, 2001

CLARKE HENNING LLP
CHARTERED ACCOUNTANTS

(A complete set of audited financial statements is available from the Foundation on request.)

CFDR RESEARCH GRANTS 2001

REGULAR RESEARCH GRANT COMPETITION

Does Providing Small, Frequent Meals Improve The Nutritional Intake Among Elderly Residents With Dysphagia Who Live In Extended Care?

Investigators: Susan Barr, PhD, RDN, FDC, Diane Rohac-Currie, RDN, Kelly Taylor, RDN
Project Administration: University of British Columbia, Vancouver BC

Energy Expenditure And Body Composition Of Children With Severe Neuromuscular Disease (NMD)

Investigators: Eileen Hogan, PhD, PDt, Kathleen Harrigan, MHE, PDt, CDE
Project Administration: Acadia University, Wolfville NS

Évaluation des bénéfices des interventions nutritionnelles précoces chez les personnes âgées dépitées à risque élevé de malnutrition fréquentant les établissements de soins de santé

Investigators: Manon Laporte, DtP, MSc, CNSD, Lita Villalon, DtP, MSc, PhD, Hélène Payette, PhD
Project Administration: Université de Moncton, Moncton NB

Evaluation Of The Effectiveness Of A Comprehensive Enteral Feeding Protocol In

The Adult Intensive Care Unit (ICU): Abstract

Investigators: Shannon Mackenzie, RD, Carmen Christman, RD, Anar Jamal, RD, Bev Whitmore, RD
Project Administration: Calgary Regional Health Authority, Calgary AB

Nutritional Status And Body Composition Of Patients With Brain Tumors Awaiting Surgical Resection

Investigators: Michele McCall, MSc, RD, Michael Cusimano, MD, PhD, FRCS, MHPE, DABNS
Project Administration: St. Michael's Hospital, Toronto ON

MULTI-SITE GRANT COMPETITION

Canadian Dietitians' Attitudes And Practices Regarding Obesity And Weight Management

Investigators: Ryna Levy Milne, PhD, RDN, Susan Barr PhD, RDN, FDC, Gwen Chapman PhD, RDN
Project Administration: University of British Columbia, Vancouver BC

CONSUMER FOCUSED RESEARCH GRANT COMPETITION

Food Choices Among 10 - 12 Year-Old Children From Five Cultural Communities:

Contribution Of Their Environment, Personal Characteristics And Behavior

Investigators: Marie Marquis, PhD, PDt, Lyne Blanchette, PDt, Bryna Shatenstein, PhD, PDt, Yves Filion, PDt, Line Deschênes, PDt
Project Administration: Université de Montréal, Montréal QC



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& Applied Nutrition
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Toronto ON

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Dietitians of Canada
Toronto ON

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Toronto ON

Members of Dietitians of Canada continued to support the Foundation personally. Three hundred and thirty-seven (337) members made personal donations over the year. Members in the DC Network of Dietitians in Business and Industry (Ontario) and DC members in Manitoba initiated fun and creative fundraising activities that increased funds and succeeded in raising the profile of the Foundation.

Commitment of the DC and CFDR Directors and Officers, members, and staff, our corporate partners and Members of Dietitians of Canada has positioned the Canadian Foundation for Dietetic Research to enter the changing environment for research opportunities as partners and collaborators.