
Keeping In Touch

Summer 2003



CANADIAN
FOUNDATION
FOR DIETETIC
RESEARCH

FONDATION
CANADIENNE DE
LA RECHERCHE
EN DIÉTÉTIQUE

480 University Avenue

Suite 604

Toronto, Ontario

M5G 1V2

Phone 416-596-1294

Fax 416-596-0603

E-mail cfdr@dietitians.ca

Charitable Registration

Dietitians Recognized for Advancing Knowledge in Food and Nutrition Research

Seven dietitians and their teams have been awarded grants for research toward the promotion of health and treatment of nutrition-related illnesses. In this year's grant competition, the Canadian Foundation for Dietetic Research (CFDR) awarded \$112,000 for practice-based dietetic research. The recipients were announced at the Dietitians of Canada May 31 Annual General Meeting in Calgary, Alberta.

"Canadians trust dietitians to communicate information that is useful, current and will make a difference to the health of their families," indicates Doryne Peace, President of CFDR.

CFDR extends congratulations to all those who participated in the 2003 competition. "The value of the projects funded for 2003 and other CFDR-funded research is the development of better practices that are evidence-based—with a greater impact on the health of Canadians," says Doryne Peace.

This year's competition reflects the diversity of the practice of dietetics, with projects covering such topics as eating disorder recovery, systematic "diet care maps" to guide management of diabetes, methods for improving food intake in people with Alzheimer's, use of a clinical judgement system to identify malnutrition in children, and considering quality of life factors in implementing enteral feedings.

The projects were chosen for their potential to equip dietitians and other health professionals to provide quality advice and services that are based on sound, credible science.

CFDR has been awarding grants to support practice-based research since 1993. The number and size of grants awarded by CFDR have steadily increased, with almost 60 research proposals having been funded. This knowledge base promotes the development of effective nutrition communications, programs and policies.

For further information on these awards and other CFDR-sponsored research, visit the website for the Canadian Inventory of Nutrition and Dietetic Associated Research (CINDAR) at www.dietitians.ca/cfdrresearch/index.html.

CFDR Second Annual Corporate Golf Challenge

Planning for the Second Annual Corporate Golf Challenge is well underway. Many companies who participated in 2002 are returning to the Royal Ashburn Golf Club on September 8, including Natrel who are defending their title. Only a few foursomes remain. To save your spot contact us immediately.

CFDR Support of the DC Conference

CFDR-hosted research sessions figured prominently on the DC conference agenda — another venue for supporting dietitians in their research endeavours. Eight tracks of oral presentations provided a forum for DC members to present research results and share experiences with colleagues. Between the two sets of oral presentations, delegates had the opportunity to view an exceptional number of poster presentations, displaying the results of their colleagues' research projects.

In addition, CFDR hosted four key workshop sessions designed to encourage participation in research:

- “Meet the Researcher” allowed participants to meet and chat with experienced researchers, and receive feedback that will allow them to move forward in their research endeavours.
- With the current backdrop of evidence-based practice, a session on “Evaluating Research” highlighted the various methods used to evaluate and characterize the research and how to apply this analysis to daily practice.
- An interactive presentation on “Doing it with Focus!” looked at the steps involved in analysis of qualitative data, as well as some practical suggestions for moving from a ream of data to reporting findings.
- Making effective use of probiotics — bacteria with potential health-promoting properties — in clinical dietetic practice was the focus of the session, “Clinical Applications of Probiotics”.

Delegates participated enthusiastically in these CFDR-hosted research events and rated their value highly.

Conference Delegates Support CFDR

Another Successful Silent Auction — At the DC conference in Calgary, the Go Wild... Destination Africa social event at the world-famous Calgary Zoo attracted almost 200 delegates. Immersed in authentic African décor, including a view of the outdoor exhibits of the African Savannah, delegates feasted on a sumptuous Lion's Bounty. As if that weren't enough, popular local

entertainer Rob Skeet kept everyone hopping with his wide range of musical impressions ranging from Elton John to Celine Dion.

Participants still found the energy to bid at the Silent Auction tables. In fact, with more than 30 wonderful gifts being donated by conference sponsors and “crafty” DC members, the bidding was fast and furious resulting in \$4,000 being raised for CFDR. Special thanks to Mary Sue Waisman for her able talents as emcee for the evening.

Great Golf Tournament — Before the conference even started, local DC members were busy hosting a Golf Tournament at the Heather Glen Golf Club in support of CFDR. 44 DC Board members and conference delegates teed off on a picture-perfect May evening. Despite the newly hatched mosquitos, this 9-hole team-based, best-ball tournament was followed by a buffet dinner featuring Alberta roast beef. Special congratulations to the highest-bidding team led by Marsha Sharp, for winning the caddy services of Gerry Kasten, past Chair of DC. Other teams could only look on with envy as the winning team was served hors d'oeuvres and champagne by their faithful caddy.

Other Supporters — Throughout the conference donations were received from members donating their honorariums as well as Susan Evers who donated her winnings of the 50/50 draw held at the Welcome Reception.

CFDR Partners Reception

As in past years CFDR's supporters were invited to mingle with DC and CFDR Board members, CFDR funded researchers and conference organizers. This is one way that we recognize the commitment and support of our partners.

2004 Competition to Award \$60,000

At the recent DC annual meeting in Calgary, Alberta, Foundation President Doryne Peace announced that the CFDR Board of Directors is making available \$60,000 for the 2004 competition. The guidelines for this competition will be available later in the summer.