



CANADIAN FOUNDATION FOR DIETETIC RESEARCH

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Canadian Foundation for Dietetic Research Announces New Board Leadership

Toronto – November 17, 2016

The Canadian Foundation for Dietetic Research (CFDR) announced the election of new members to its board of directors to lead the Foundation in support of its vision: *Enhancing the health of Canadians by contributing new knowledge about food and nutrition.*

CFDR is a registered charitable foundation that provides grants for research in dietetics and nutrition. Created by Dietitians of Canada in 1991, CFDR celebrates its 25th year of operations in 2016.

“The Foundation fills a specific niche as our research ensures that dietitians can provide science-based guidance in any role they may hold – clinical, corporate, community-based or administrative,” says Chair Sarah Hewko, MHA, RD. “In the past quarter century we have funded 130 researcher-initiated projects valued at almost \$2 million, as well as other special projects related to sodium reduction, functional foods and consumer nutrition-related behavior.”

The 2016-2017 Board members are:

- **Chair: Sarah Hewko, MHA, RD**, Doctoral Candidate, University of Alberta
- **Chair-Elect: Pierrette Buklis, MHSc**, Director, Master of Public Health, University of Toronto’s Department of Nutritional Sciences
- **Paula Dworatzek, PhD**, Chair and Associate Professor, School of Food and Nutritional Sciences, Brescia University College, Western University
- **Jenny Gusba, PhD**, Director, Nutrition Science, North America Region, PepsiCo
- **Colinda Hunter, BScHEc, RD**, Nutrition Educator, Alberta Milk
- **Chris Marinangeli, PhD, RD**, Director, Nutrition, Science and Regulatory Affairs, Pulse Canada
- **Lisa Mina, RD, MBA**, Principal, FoodHealth
- **Danielle Moore, BSc, FSc, RD**, Scientific Liaison, Health Affairs Division, Danone Canada
- **Janis Randall Simpson, PhD**, College Professor Emerita, Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences, University of Guelph
- **Marsha Sharp, MSc, RD**, Chief Executive Officer, Dietitians of Canada
- **Heather Wile, MA, RD**, Director, Medical Scientific Regulatory Unit, Nestlé Health Science Canada

Prior to the Annual General Meeting and election of new Directors, CFDR hosted a showcase entitled **Accessing and Understanding Nutrition Information**. The showcase featured research funded by CFDR and evolved from previous CFDR grants focusing on Canadians' interactions with nutrition labels and social media apps.

The event featured two presentations: **“What changes to the Nutrition Facts table better support healthier food choices among adolescents and young adults in Canada? Evidence to inform policy”** by Erin Hobin, PhD of Public Health Ontario and **“What Are the Experiences of Adults Using Nutrition Mobile Device Apps for Weight Management?”** by Jessica Lieffers, PhD, Postdoctoral Fellow, University of Alberta. The presentations were followed by a panel discussion and audience Q&A. Presentations from the event are available for review at www.cfdr.ca.

About the Canadian Foundation for Dietetic Research

The Canadian Foundation for Dietetic Research was created in 1991 by Dietitians of Canada to support applied nutrition and dietetic practice research.

Thanks to the generous support of corporate donors and individual members of Dietitians of Canada, CFDR has awarded research grants annually since 1993. To date, CFDR has funded more than 129 research teams across the country, awarding close to \$2 million in grants. The CFDR research program supports the Foundation's vision: **Enhancing the health of Canadians by contributing new knowledge about food and nutrition.**

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