



CANADIAN FOUNDATION FOR DIETETIC RESEARCH
LA FONDATION CANADIENNE DE LA RECHERCHE EN DIETETIQUE

The Canadian Foundation for Dietetic Research Announces Funding for Six Research Projects

Toronto, June 2017 - This month the Canadian Foundation for Dietetic Research (CFDR) approved funding of \$107,920 for six projects under its 2017 Annual Grants Competition.

In making the grants announcement, Sarah Hewko, MHA, RD, PhD(c), Chair of the CFDR Board of Directors said: "As in previous years, we at CFDR are inspired by the range and quality of projects submitted for review. We are confident that the new knowledge created through this year's funded projects will serve to inform the practice of dietitians and nutrition professionals working in diverse settings."

CFDR is also pleased to announce that three of this year's grants are being funded in part through a grant from the Danone Institute of Canada (DIC). Our organizations share a mandate of promoting knowledge translation in food and nutrition research. The relevant studies as noted below fit the DIC criteria as focused on the synthesis, dissemination, exchange and ethically sound application of nutrition knowledge to improve the health of Canadians, and/or directly compare knowledge translation strategies in the area of nutrition.

CFDR is also pleased to announce that one of this year's grants is funded, in part, from donations to the 2016 CFDR Grant Challenge.

This year's six grantees are:

Type 1 Diabetes and Eating Disorders: Status and Challenges of Nutritional therapy

Katherine Desjardins¹, M.Sc. RD and Mona Gupta², MD, FRCPC, PhD

¹l'Institut de recherches cliniques de Montréal (IRCM); ²Centre Hospitalier de l'Université de Montréal (CHUM)

The objective of this study is to characterize disordered eating amongst adult patients with Type 1 Diabetes Mellitus. Web-based surveys will be employed to describe the clinical problem as experienced by patients as well as the therapeutic challenges faced by practicing dietitians. This project is supported in part by the funding of the DIC.

A Randomized Controlled Trial (RCT) to evaluate the effectiveness of the Pure Prairie Living Program (PPLP) in a Community Setting

Catherine Chan, PhD and Fatheema Subhan, PhD. RD

University of Alberta

This study will implement and evaluate the Pure Prairie Living Program (PPLP) in a community setting in Alberta to promote healthy living lifestyles among people with type 2 diabetes. The PPLP includes nutrition education and a cookbook based on the Canadian Diabetes Association Clinical Practice Guidelines. This project is supported in part through DIC funding.

Nutritional Status of Anabaptist Women and Children in Southwestern Ontario

Natalee Ridgeway¹, MScFN, RD and Janis Randall Simpson², PhD, RD, FDC

¹Perth District Health Unit and the ²University of Guelph

This study will assess dietary intakes and vitamin D status in Anabaptist women and children and folate, vitamin B12 and iron status in Anabaptist women. The results will be used to inform practices related to routine laboratory testing, provision of nutritional assessment and education, and recommendations for supplementation. This project is supported in part through DIC funding.

Evaluation of an Integrated School Food Program

Sarah Woodruff, PhD, CEP

University of Windsor

This project will develop educational supports for teachers, students and their parents for use in the Farm to School model for the Ontario Student Nutrition Program in Southwestern Ontario. These resources will help with uptake of programs to promote consumption of fruits and vegetables. This project is funded in part by the CFDR 2016 Grant Challenge.

Validation of a tool to assess appetite in children

Andrea M. Haqq, M.D., M.H.S, FRCP(c)

University of Alberta

This study will determine the validity of a new method to assess appetite in children ages 4-8 years. This tool uses pictures and verbal questions about the pictures to determine a child's level of appetite. This newly validated tool will facilitate the investigation of the role of appetite on regulation of food intake and the impact of interventions on appetite in young children.

Exploring relationships between weight-related behaviours and sleep patterns in Canadian university students. What are the implications for dietitians?

Efrosini Papaconstantinou¹, RN, PhD and Virginia Quick², PhD, RD

¹University of Ontario Institute of Technology; ²Rutger's University

This study, using a survey and focus groups, will explore the relationships of sleep patterns and duration of sleep with weight-related behaviours such as eating, physical activity. Findings may call for new approaches to nutrition assessment with dietitians at the forefront of lifestyle counselling, including sleep habits.

The Canadian Foundation for Dietetic Research was created in 1991 by Dietitians of Canada (DC) to support applied nutrition and dietetic practice research. Thanks to the generous support of corporate donors and individual members of Dietitians of Canada, in its history CFDR has funded 135 research teams across the country, awarding more than \$1.9 million in grants. The CFDR research program supports the Foundation's mission: *Enhancing the health of Canadians by contributing new knowledge about food and nutrition.*

For further information, email info@cfdr.ca