



CANADIAN FOUNDATION FOR DIETETIC RESEARCH

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The Canadian Foundation for Dietetic Research is pleased to announce the recipients of the 2015 Morgan Medal Awards

Quebec City, June 06, 2015 - The Canadian Foundation for Dietetic Research (CFDR) awarded Morgan Awards to dietetic students.

Winner of the National Morgan Medal 2015 - Cindy Fajardo Gaviria

Cindy Fajardo Gaviria is currently enrolled in the MSc in Foods and Nutrition, Internship stream program at Brescia University College, Western University. It was during her undergraduate years that Cindy first became involved with nutrition research in the area of liver disease and transplantation, and she has continued this work into her Master's research project. Cindy will be presenting the results of her project at ASPEN's Clinical Nutrition Week 2015.

The primary objective of Cindy's research project was to investigate the possible relationship between illness severity and energy expenditure in patients with chronic cirrhosis awaiting liver transplantation. Throughout her research work, Cindy became increasingly impressed with the value of practice-based research in promoting best practice for client/patient care and in advocating for the dietetics profession. Cindy looks forward to continuing her involvement in research and education as she begins her career in nutrition and dietetics. Read more about Cindy's work here http://www.cfdr.ca/Downloads/Abstracts/Dietetic-Research-Abstracts_2015.aspx (pg 43)

Regional Morgan Medal Winners

British Columbia

Christine Adair has completed the integrated dietetic internship program at the University of British Columbia, from where she earned a degree in biology. Her research project investigated the seasonal patterns of nutrition-related laboratory parameters among peritoneal dialysis patients at St. Paul's Hospital. Christy is currently working as a clinical dietitian with Providence Health Care in Vancouver, BC.

Saskatchewan, Manitoba and Northwestern Ontario

Maria Reesor is currently completing her dietetic internship in Thunder Bay with the Northern Ontario Dietetic Internship Program. She completed both her undergraduate degree in Applied Human Nutrition and Master of Science degree at the University of Guelph. Her research project focused on the development of Nutri-eSTEP, an online adaption of NutriSTEP®, a nutrition risk screening program for toddlers and preschoolers. Maria is looking forward to a rewarding career as a registered dietitian and continuing to involve herself in research projects relevant to dietetics and her future practice.

Eastern Ontario and Quebec

Valerie Dussault became a dietitian-nutritionist in 2013 with the completion of her Masters degree focusing on perceptions, consultation practices and training needs of Quebec nutritionists related to natural health products. Valerie is a consultant for Equipe Nutrition, which helps people achieve better food choices in the prevention and management of health issues, for weight loss objectives, and for sports performance through sports nutrition. In her spare time, Valerie teaches Kyokushin karate as a complement to her passion for nutrition.

Atlantic

Katherine Ford recently graduated from the University of Prince Edward Island where she completed the Integrated Dietetic Internship program and obtained a Bachelor of Science (Honours) in Foods and Nutrition. During her degree, Katherine had the opportunity to experience academic research under the supervision of two admirable preceptors. Katherine's honours project used qualitative research methods, specifically focus groups, to help uncover "How do Male University Students Use Food Labels?" When Katherine isn't furthering her dietetic knowledge, she can be found in the cockpit of a single-engine aircraft exploring the beautiful landscape that this country has to offer.

The Morgan Medal Awards were created in honor and in memory of Susan Morgan, a former CFDR manager and dietitian who was an ardent supporter of the dietetic profession, of practice-based research and of mentoring novice researchers. The program recognizes a passion for research and dedication to the profession. Regional awards are available in each of the regions of Dietitians of Canada. From among the regional award recipients one is selected to receive the National Morgan Medal.

These awards are presented as recognition of individual personal achievement of a dietetic intern or practicum student for their research project. Anyone who was a dietetic intern or a practicum student in a Dietitians of Canada (DC) accredited program in the year preceding the date of application is eligible. This includes students who were in their final year of an integrated undergraduate degree with internship, a post-degree internship, and those who are currently undergoing a combined master's degree and internship. Interns who have obtained their dietetic internship research competencies from prior credit learning (i.e. senior thesis, summer student research awards) are also eligible. To be eligible, the applicant must be a student (Qualifying) member of Dietitians of Canada at the time of application.

In addition to a commemorative item, the National Morgan Medal recipient receives registration and all travel expenses to attend the national Dietitians of Canada conference. In 2015 the conference was held in Quebec City, QC.

Congratulations to all of the 2015 Morgan Medal recipients!

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