



CANADIAN FOUNDATION FOR DIETETIC RESEARCH

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Canadian Foundation for Dietetic Research Announces New Board Leadership

Toronto – November 20, 2015

The Canadian Foundation for Dietetic Research (CFDR) announced the election of new members to its board of directors to lead the Foundation in support of its vision: ***Enhancing the health of Canadians by contributing new knowledge about food and nutrition.*** CFDR is a registered charitable foundation that provides grants for research in dietetics and nutrition. Created by Dietitians of Canada, the Foundation's research ensures that dietitians can provide science-based guidance that helps Canadians eat well.

"The Foundation has a long and successful history of funding food and nutrition research to support dietitians in their practice," says Chair Laurie Curry, RD, MS, MBA. "Since our inception 24 years ago we have funded close to \$2 million in research, with 128 projects completed or underway."

The 2015-2016 Board members are:

- **Chair:** Laurie Curry, RD, MS, MBA, LKC Strategist
- **Chair Elect:** Sarah Hewko, RD, MHA, Doctoral Candidate, University of Alberta
- Pierrette Buklis, MHSc, Senior Manager, Health and Nutrition, General Mills Canada
- Shaunda Durance-Tod, MSc, RD, CanolaInfo Program Manager, Canola Council of Canada
- Paula Dworatzek, PhD, Associate Professor at Brescia University College at the University of Western Ontario
- Rhona Hanning, PhD, RD, FDC, Professor, School of Public Health and Health Systems, University of Waterloo
- Barb Ledermann, RD, MSc, Senior Nutrition and Health Manager, Unilever Canada
- Alison McLean, RD, Vice President, Nestlé Health Science
- Lisa Mina, RD, MBA, Principal, FoodHealth
- Danielle Moore, BSc, FSc, Scientific Liaison, Health Affairs Division, Danone Canada
- Marsha Sharp, MSc, RD, Chief Executive Officer, Dietitians of Canada

"In the past year, we consulted with the key industry partners that commit to long-term support of CFDR to discuss the future of the organization," Curry says. "These discussions helped set the direction of the Foundation and inspired a renewed mission that will enable us to champion change in innovative food and nutrition research:

"CFDR exists so that there is a growing body of research available for knowledge transfer and evidence-based decision making at a cost that demonstrates good stewardship of resources."

At a Research Showcase event just prior to the Annual General Meeting and election of new Directors, CFDR Executive Director Greg Sarney presented an exclusive summary of the results of 2015 **Tracking Nutrition Trends (TNT)**, Canada's longest-standing publicly available nutrition tracking survey.

This ninth iteration of the poll, conducted this summer, captures Canadians' views on specific foods and nutrients, tracks their changing habits related to shopping, cooking and eating, and maps trends in consumer's diet and nutrition information-seeking habits. The results from TNT are instrumental in helping CFDR champion change. They provide information that can help shape public policy decisions, influence product development and marketing, and improve nutrition professional's advice to clients and patients. The results will be publicly available in early 2016.

About the Canadian Foundation for Dietetic Research

The Canadian Foundation for Dietetic Research was created in 1991 by Dietitians of Canada to support applied nutrition and dietetic practice research. Thanks to the generous support of corporate donors and individual members of Dietitians of Canada, CFDR has awarded research grants annually since 1993. To date, CFDR has funded more than 125 research teams across the country, awarding \$2 million in grants.

The CFDR research program supports the Foundation's vision: *Enhancing the health of Canadians by contributing new knowledge about food and nutrition.*

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