



CANADIAN FOUNDATION FOR DIETETIC RESEARCH
LA FONDATION CANADIENNE DE LA RECHERCHE EN DIETETIQUE

The Canadian Foundation for Dietetic Research Announces Funding for Five Research Projects

Toronto, June 2018 - This month the Canadian Foundation for Dietetic Research (CFDR) approved funding of \$91,774 for five projects under its 2018 Annual Grants Competition.

In making the grants announcement, **Pierrette Buklis**, MHSc, RD, FDC, Chair of the CFDR Board of Directors said: “CFDR provides grants for research in dietetics and nutrition. La FCRD est un organisme de charité, mis sur pied pour cultiver et financer la recherche appliquée dans la pratique de la diététique. CFDR research supports quality advice, programs, resources and service delivery—based on credible scientific evidence—that ultimately enhances the health of Canadians.”

This year’s five grantees are:

Provision of nutrition care by registered dietitians (RDs) to satellite dialysis patients using an audio-video communication application

*Angela Hollett, B.Sc., RD and Wilma Hopman, BAH, MA
Kingston Health Sciences Centre*

This study will compare patients who see their RD by: 1) using a video App in their home; 2) using a video App on a tablet in the satellite clinic during their dialysis treatment; or, 3) in-person during their clinic visit or over the telephone. The objectives are to determine: a) how much patients know about their renal diet at the start and the end of the study; b) how comfortable and satisfied they are with using the App; and, c) changes in blood work before and after the study.

Examining the impact of numeric versus traffic light calorie labelling at the point-of-purchase on young adults' food and beverage purchases and diet quality

*Kirsten Lee, BSc, PhD (C) and Sharon Kirkpatrick, PhD, RD
University of Waterloo*

There is substantial interest in calorie labelling in restaurants and fast-food chains and a need for research to inform current policy debates regarding nutrition labelling. This study, in university cafeterias, will be the first naturalistic comparison of numeric and interpretive calorie labels in Canada. Results will provide information on the implementation of menu labelling and related initiatives such as front-of-package labels.

Nutrition care to prevent and manage oral diseases: Understanding the practices and perspectives of dietitians and dental professionals

Jessica Liefvers, PhD, RD

University of Saskatchewan

The goal of this study is to determine the practices and perspectives of dietitians and dental professionals regarding nutrition care for the prevention and management of oral diseases. A mixed methods approach using online surveys and one-on-one semi-structured interviews will be used. Findings from this study will start a dialogue on nutrition care practices for improving oral health in Canada and will contribute to the body of knowledge in this area.

Experience and health impact of university students accessing a digital nutrition, fitness and mindfulness platform

Carla Prado, PhD, RD

University of Alberta

This study will determine if an integrated digital wellness platform, encompassing three pillars of preventative self-care (nutrition, fitness, and mindfulness) will help provide guidance related to diet and self-awareness in first year university students. This project may demonstrate that an online platform is a feasible approach impacting food choices and other outcomes such as overall health and wellbeing with potential for use in different settings in dietetic practice and at a population level.

Effect of a postpartum lifestyle intervention on the cardiometabolic risk profile of women with a history of gestational diabetes: a pilot study.

Julie Robitaille, PhD, RD

Université Laval

This study will test the effect of a program that will promote the adoption of a healthy diet, regular physical activity, and exclusive breastfeeding in women who had a pregnancy complicated by diabetes. The study will consider these difficulties and will be personalized to women's needs. Results will have a long-term impact on the prevention of cardiometabolic alterations in young women that are at increased risk.

The Canadian Foundation for Dietetic Research was created in 1991 by Dietitians of Canada (DC) to support applied nutrition and dietetic practice research. Thanks to the generous support of corporate donors and individual members of Dietitians of Canada, in its history CFDR has funded 140 research teams across the country, awarding more than \$2 million in grants. The CFDR research program supports the Foundation's mission - to cultivate and fund practice-based dietetic research) and its vision - enhanced Canadian health through new food and nutrition knowledge.

For further information, email info@cfdr.ca