



CANADIAN FOUNDATION FOR DIETETIC RESEARCH  
LA FONDATION CANADIENNE DE LA RECHERCHE EN DIETETIQUE

## The Canadian Foundation for Dietetic Research Announces Funding for Four Research Projects

**Toronto, June 2019** - This month the Canadian Foundation for Dietetic Research (CFDR) approved funding of \$77,000 for four projects under its 2019 Annual Grants Competition.

In making the grants announcement, **Pierrette Buklis**, MHSc, RD, FDC, Chair of the CFDR Board of Directors said: “CFDR provides grants for research in dietetics and nutrition. La FCRD est un organisme de charité, mis sur pied pour cultiver et financer la recherche appliquée dans la pratique de la diététique. CFDR research supports quality advice, programs, resources and service delivery—based on credible scientific evidence—that ultimately enhances the health of Canadians.”

This year’s four grantees are:

### **Chantal Bémour PhD RD**

*Université de Montréal*

#### **The Nutrition in Cirrhosis Guide: Does it really make a difference?**

This research will assess the impact of the *Nutrition in Cirrhosis Guide*, an evidence-based document that translates nutritional practice guidelines into practical and user- friendly information, within chronic liver disease (cirrhosis) communities. Specifically, the project aims to evaluate nutritional status, nutrition knowledge, health-related quality of life and liver function following the implementation of the *Guide*, developed by cirrhotic patients, caregivers and a national team of medical experts, including dietitians specialized in hepatology.

### **Christina Lengyel PhD RD**

*University of Manitoba*

#### **Navigating the Nutrition Information Landscape for Long Term Care Residents and their Decision Makers at the End of Life**

As health of older adults in long term care homes declines, health care providers look to families/caregivers for direction on how to best meet the wishes at the end of life when the goals of nutrition change. The purpose of this research is to identify and understand the nutrition and end of life perspectives of older adults, their caregivers and health care providers to develop suitable and appropriate materials for end of life conversations in long term care.

**Dana Lee Olstad PhD RD and Stéphanie Caron-Roy, RD**

*University of Calgary*

**Exploring experiences of accessing nutritious foods and perceived outcomes among low-income adults participating in the British Columbia Farmers' Market Nutrition Coupon Program**

Many Canadian children and adults do not have access to enough food for proper growth or to maintain a healthy lifestyle. The British Columbia Farmers' Market Nutrition Coupon Program provides 16 weeks' worth of coupons valued at \$21/week to low-income residents to purchase healthy foods at local farmers' markets. This qualitative study will explore participants' experiences of accessing nutritious foods, perceived program outcomes and whether these outcomes are sustained once the program ends.

**Sylvia Santosa PhD RD and Thea Demmers RD MSc**

*Concordia University*

**The Role of Nutrition in Muscle Function of Bariatric Surgery Patients**

Many Canadians undergo weight loss (bariatric) surgery and the numbers are only growing. Many of these patients do not receive adequate nutritional support, and all are particularly vulnerable to nutritional deficiencies that can cause long-term harm. This study aims to answer how the changes in nutrient intake (especially protein) affect muscle and its function, weight lost, and risk factors of disease. Results will contribute to evidence-based nutrition guidelines for the inclusion of postsurgical nutritional follow-up in these patients.

The Canadian Foundation for Dietetic Research was created in 1991 by Dietitians of Canada (DC) to support applied nutrition and dietetic practice research. Thanks to the generous support of corporate donors and individual members of Dietitians of Canada, in its history CFDR has funded 145 research teams across the country, awarding more than \$2 million in grants. The CFDR research program supports the Foundation's mission: *Enhancing the health of Canadians by contributing new knowledge about food and nutrition.*

For further information, email [info@cfdr.ca](mailto:info@cfdr.ca)